

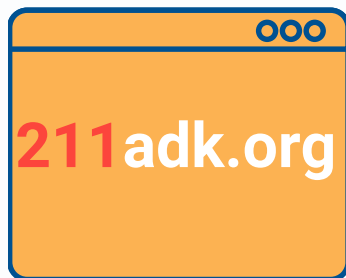
# Need help? Not sure where to go?

# 2·1·1

ADIRONDACK REGION

Serving: Clinton, Essex & Franklin Counties

**2-1-1** is a number to call for free and confidential community referral that connects callers with resources providing food, shelter, rent assistance, child care options and other types of community assistance. Trained referral specialists are multi-lingual and available to help individuals find the help they need.



## Call, text, or log on

Whatever the need, our **2-1-1** Call Center has the information and expertise to make the right connections.

Trained specialists are standing by!

United  
Way



United Way of the Adirondack Region, Inc.

Toll Free: 1-888-774-0289